

BULLETIN OF THE ROTARY CLUB OF CALCUTTA INNER CITY

SSUE: 30.04 President: Rtn. Rtesh Kapoor | Secretary: Rtn. Banashree Mitra | Editor: Rtn. Soma Sinha 7th Au

7th **August 2020**

1278 RWW AND IN HOUSE SPEAKER RTN. ASHISH MITRA TOOK A SESSION ON INTERIOR DESIGN TRAINING & PROFESSION IN INDIA 80' TO TODAY!

Rotary Club of Calcutta Inner City did its Online Regular Weekly Meeting on 24Th July. Projects were discussed in length. Rtn. Ashish gave a wonderful presentation. He took the members back to the 80's and the challenges faced then for architects and students. The options available then and now. He talked about the various projects he has done during his careers. 17 Members and 2 Guest participated for the RWM and session.



Guest Speaker : Dr. Rosy Sethia

Dr Rosy Sethia is successfully practising classical homeopathy for the past two decades. She has studied from the historical Calcutta Homeopathic Medical college. Currently a student of the International Academy of Classical Homeopathy, Greece, pursuing a two year diploma. She is a happy Mother of Three.



Project Tree Plantation With A Difference: VRIKSHAROPAN MAHOTSAV 2020

"VRIKSHAROPAN MAHOTSAV 2020" Rotary Club of Calcutta Inner City believes that it is time to go back to the cradle of Mother Nature in this age of maddening pace. Let's create a better tomorrow for us and for generations to come.

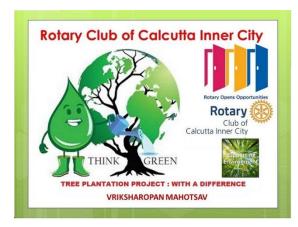
Our club distributed fruit bearing plants and seeds to 20 farmers as recommended by Goseva Parivar. The distribution was done on 30th of July, 2020. Plantation activity was carried out by each farmer in their respective fields on the 1st day of August, 2020. During this event 600 Fruit bearing plants and 1000 seeds were distributed. The plantation activity was carried out in Keshiary village, which is located 120 kms away from Kolkata. Over a span of time we are expecting around 1500 trees roughly.

Fruit bearing plants include (Banana, Guava, Mango, Jamun, Coconut, Papaya, Sapota, Bel)

Seeds distributed includes (Badh, Ritha,

Neem, KadhiPatta, Sajna Leaves)

The initiative taken by our club will help in the economic development of these farmers in return.







KALAGACHIA KAILASH KAMINI **HIGH SCHOOL**

This is an appeal Request for some financial help in kind, regarding upgradation the Kalagachia Kailash Kamini high school, Kalagachia, post office Thakurpukur, Kolkata-700063.

The school dise code is 19182901402.

This upgradation of the high school will help and benefit the students of the nearby 7 villages in and around kalagachia namely Bagpota, Sankharipota.Nawbard. Baqpota. Hanspukur, Sonammukhi, Khudiram Pally.

We to plan help upgrade kalagachia kailash kamini high school with class 11 and 12, They would need the following resources urgently for the smooth functioning of the school. It is important to say that the school fund is nearly zero after building these class rooms. The resources that are needed as soon as possible are:

- 30 High Benches Set for students: Each High Bench 6Ft 6" Costing @ Rs6000 /-
- 8 Ceiling fans Each Costing @ Rs 1000/-
- 8 LED tube lights Each 20W LED Tubelight Set Costing @ Rs 170/-
- 2 Tables and Chairs for teachers Each COSTING@ Rs 5000/- +Rs 3000/-
- 2 Black boards Each Black Board 4* 8 @ Rs 4000/-
- 2 White boards Each White Board 4*6 @ Rs 3000/-

We Request Members to support for this Noble Cause.



BIRTHDAY GREETINGS

Rtn. Anjali Aneja and Rtn. Navarun Sen celebrated their birthday on 5th August.

Rtn. Bandana Gangulie celebrates her birthday on 9th August.

Greetings goes to all from the Club

Major Activities in July

1. Sankalpa Rotary District 3291 Blood **Donation Camp**

Sankalpa Rotary Dist 3291 Blood Donation Camp was held on 1 july 2020. Rotary Club of Calcutta Inner City Supported the Event . Our First Public Image Project for the Club. President Rtesh and Ankush Lath donated blood. Thanks to Rtn. Smarajit Mitra who organised the Sponsor for Our Club.

2.TUMPA BISWAS: MASK PROJECT **ECONOMIC DEVELOPMENT**

Rotary Club of Calcutta Inner City got made 300 nos , 4 ply mask from Tumpa. During lockdown her husband did not have any work. She was in need of funds to run the family so she started making masks at home. Special Thanks to Rtn. Chandrani Chakraborty for this project.

3. 30th Installation Ceremony on 3 rd

Rotary Club of Calcutta Inner City Celebrated its 30th Installation on 3rd July 2020 at Ahuja Museum for Arts. Rtn. Rtesh Kapoor was installed as President.

4. Covid 19 Personal Protective **Equipment Distribution**

On 9th July 2020 Rotary club of Calcutta Inner City provided 100 PPE (Personal Protective Equipment) to- Rabindranath hospital Mukundapur Tagore Kolkata. Special Thanks to Rtn. Bani Roy Choudhuri for sponsoring these kits.

5. Treatment of Dev Sutradhar 18 th July 2020.

Patient is suffering from B-Accute Lymphoblastic Leukaemia. Patient Dev Sutradhar being treated at Saroj Gupta Cancer Centre & Research Institute. Special Thanks to Rtn. Rosy Sen for supported the child's treatment.

6. Distribution of Rotary Mask

Special Thanks to each Member for participating for this project, by distributing Rotary 4 Ply mask to their helpers. Mask were distributed to Covid warriors, Security workers, Domestic helpers, Drivers. 300 nos. Rotary fight Covid 19 mask were distributed during this process.

Surviving the pandemic



The impact of lockdown due to corona pandemic has been devastating for all sectors of economy with disruption of business enterprises and huge job losses resulting in migration of workers. So far there has been no solution for treatment of corona flu and it might take a few years to revive the economy. In such a situation, rather than living in fear and anxiety and locking ourselves at home, we should accept it as a normal part of our day-to-day life and move ahead confidently to face regular work routine after taking necessary precautions of maintaining hygiene, wearing masks and gloves and maintaining social distance at all

times. Instead of focusing on endless negative discussions on TV news channels and social media, build your immunity by enhancing your physical, emotional, mental and spiritual strength through exercises, *yogasanas* and meditation.

Invest in a health insurance policy to meet the prohibitive hospital expenses in case you fall sick and a term life insurance policy to protect your family in case of your demise. Ensure that all investments and bank accounts are either in joint names or with nominations. Execute a will to leave your investments to your family members as you desire.

If you are a permanent employee with a secure job or a successful professional or a high networth individual with a regular income flow, then you should liberally spend money on all good things of life. This will inject more money in the economy resulting in increased demand for goods and services and trigger economic revival. Do not bargain when you buy from street or local vendors. Their earnings are marginal. Support your neighbourhood stores who meet your needs during the lockdown, instead of buying online. Increased spending will be a great service to the nation.

However, those with uncertain jobs or business should conserve cash by minimising their needs and spending on bare essentials. At the same time, you should explore an additional source of income using your skills, competence and enterprise.

Employees

These days employees should not criticise or complain if they don't wish to be retrenched. They should willingly accept a restructured pay package and improve their competence to contribution to the business of the employer which will make them indispensable. Those who are out of job should enhance their skills and competence to be more useful to the business and use possible contacts and other networks without hesitation to get a suitable job.

Entrepreneurs

Small and medium business enterprises should find ways to reduce costs and increase productivity and efficiency by using technology and innovation. Negotiate and restructure salaries and wages of staff till business revives. Enterprises which have

liquidity should pay their suppliers promptly and if possible, give them advance. This will help them to survive and build a strong relationship. Builders and real estate developers with borrowed funds having unsold inventory should dispose the stocks with less margins or even at a loss to have liquidity and to prevent action by financial institutions.

Senior citizens

Senior citizens should empower themselves with digital knowledge and skills to manage their affairs from the comfort of home with their smart phones. Learn internet banking for fund transfers to pay utility bills; learn to use applications for online ordering of food, medicines, goods, taxi booking; operate email accounts; participate in webinars, conferences, meetings through internet applications. The best way to learn is from your grandchildren.

Homemakers

Women good in knitting, embroidery, artwork, cooking, teaching, grooming, music or any other skill should market their services through online social media or self-help groups to support family income.

Remember these are very challenging times for everyone, which will not last for long. Face it proactively with a positive attitude. Explore every possible opportunity and make the best use of it.

V B Prabhu Verlekar RC Mapuca, RID 3170

MINUTES OF THE LAST REGULAR WEEKLY MEETING HELD ON FRIDAY 24th JULY 2020

Minutes of the 1278 th Regular Weekly Meeting of Rotary Club of Calcutta Inner City, held digitally on Google meet on 24th July 2020 at 06.30 pm.

1. President Rtesh calls to order the 1278 RWM.

- 2. President Rtesh request all to stand for National Anthem.
- 3. President Rtesh asked for confirmation of the last minutes.
- 4. He welcomes the Members Honorary Member Spicer, Guest Dr. Rosy Sethia, Mr. Ashish Sanyal and all the members to the Digital Meeting.
- 5. Project were discussed in detail.
- 6. President Rtesh request Secretary Rtn. Banashree make her announcements.
- 7. President introduces In House Speaker Rtn.Ashish Mishra and requested him to start the presentation.
- 8. Rtn. Ashish spoke for about 30 min. President thanked Rtn. Ashish for the presentation.

SECRETARY'S ANNOUNCEMENTS:

Anniversary Wishes were conveyed to Rtn. Vivek Datta and Anne Alokananda on 26 th of July, The Next RWM is on the 7th of August 2020 Speaker Dr.Rosy Sethia would Speak on Homeopathic management of COVID -19

TOTAL MEMBERS: 19 MEMBERS

PRESENT: 17, VISITOR: 2